



## IMA TELlicherry NEWS LETTER- JANUARY 2022

### Presidents Message



Dear members,

Happy New year to all of you. We had a Mega Cultural event on the occasion of New Year Celebration from IMA Hall. Let us all be safe from the grip of Omicron this year. We have conducted a vaccination camp at IMA Hall for our members also we could hoist State Level Inauguration of Mission pink health activities on our zoom platform, per more than 1500 students of all child care homes attended. This was inaugurated by our Hon'ble Health Minister Mrs.Veena George. Also we had celebrated our national girl child day with us slogan competition .Let us also work hard to strength an our association by membership as well as state united against any attack on our fraternity.

Thanking you

JAI IMA

*Dr.Mini Balakrishnan*  
President IMA Thalassery

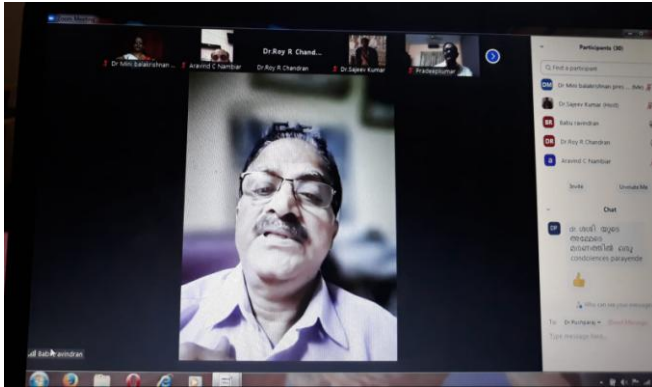
### **3. ACADEMIC ACTIVITIES**

#### **a) BRANCH LEVEL**

26.01.2022: IMA Pension Scheme Presentation by Dr.A V Babu (Chairman Pension Scheme IMA KSB).



26.01.2022: IMA Kerala Health Scheme Presentation by Dr.Roy R Chandran(Secretary IMA KHS) .



## b) DISTRICT LEVEL

### 11.01.2022: District Committee Meeting

District Committee Meeting held on Zoom Platform. Was well attended by Leaders from IMA Thalassery. Dr.Babu Raveendran T N, Dr.Sasidharan K, Dr.Mini Balakrishnan and Dr.Aravind Nambiar attended the meeting.



## d) STATE LEVEL INAUGURATION OF MPH ACTIVITIES

31.01.2022: IMA Thalassery hosted the State Level Inauguration of Mission Pink Health Kerala. Flag Salutation done by Dr.Rejna Dilnath(Vice President IMA Thalassery). Welcome address given by Dr.Mini Balakrishnan(President IMA Thalassery & Convener MPH). Dr.Samuel Koshy(State President IMA) presided the function. MPH Chairperson message by Dr.Ajitha P N.Smt.Veena George(Hon'ble Health Minister) inaugurated the function. Key note address was given by Dr.Divya Saxena( National MPH chairperson) followed by address by special guest Adv .Manoj kumar( Chairman Kerala State Commission for Protection of Child Rights). Dr. PT zachariah ( IPP), Dr .Joseph Mani ( National VP ), Dr T.N.Babu Raveendran (Past national VP), Dr.Surendra Babu ( NZ VP), Dr Joseph Benaven ( State Secretary), Dr. Rajalekshmi (State WDW chairperson ) and Dr. Rajeswari Amma (Past state MPH Secretary) spoke at the event. Vote of thanks was

proposed by **Dr.Aravind C Nambiar**(Secretary IMA Thalassery).

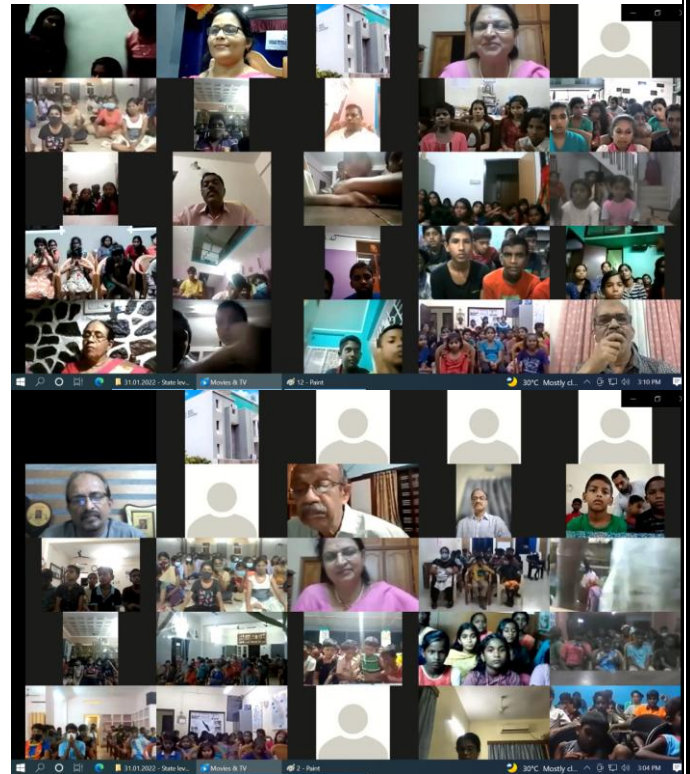
It was followed by a **Webinar** on

**“Mission Pink Health Project Presentation”** by **Dr.Mini Balakrishnan** (President IMA Thalassery&Convener MPH)

**“Covid and Psychological issues in Children”** by **Dr.Krishna Kumar**

**“Drugs and Addictions in Children”** by **Dr.Suresh Kumar**

Around 300 Child Care Homes with around 50 to 80 students each attended the meeting. It was an interactive session.




**STATE LEVEL INAUGURATION OF MISSION PINK HEALTH PROGRAM**

Dear Dr. IMA Thalassery is inviting you for state level inauguration of Mission Pink Health program in association with Child Rights Commission (for around 800 CCI of the state) on 31<sup>st</sup> Monday 7 pm to 9.30 pm on zoom platform.

**AGENDA**

Prayer  
 Inauguration  
 Welcoming address  
 Presidential address  
 Chairperson's message  
 State level inauguration  
 Key note address  
 Felicitation

1. Dr. Mini Balakrishnan, President IMA Thalassery & Convener MPH  
 2. Dr. Samuel Eshay, State President IMA IEB  
 3. Dr. Ajitha P.K, State MPH Chairperson  
 4. Smt. Venua George, Hon Health Minister  
 5. Dr. Divya Sathya, National MPH Chairperson  
 6. Adv. Manoj Kumar, Special Counsel, Chairperson  
 7. State State Commission for Independent Child Rights  
 8. Dr. PT Satharath, Past State President  
 9. Dr. Joseph Mini, National Vice President  
 10. Dr. T.M.Shan, Past National Vice President  
 11. Dr. Suresha Babu, VP North Zone Vice President  
 12. Dr. Joseph Sivanar, State Secretary IMA IEB  
 13. Dr. Rajakrishnan, State WDP Chairperson  
 14. Dr. Aravind C Nambiar, Secretary IMA Thalassery

Mission Pink Health Project Presentation  
 by  
 Dr. Mini Balakrishnan, Convener MPH

Covid and Psychological issues in Children  
 by  
 Dr. Krishna Kumar

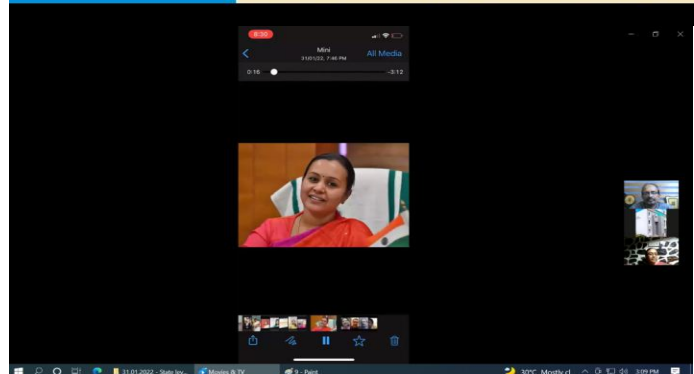
Drugs and Addictions in Children  
 by  
 Dr. Suresh Kumar

Meeting ID - 811 8363 9148  
 Password - miph

Dr. Mini Balakrishnan  
 President IMA Thalassery

Dr. Aravind C Nambiar  
 Secretary IMA Thalassery

Dr. Devasi T V  
 Treasurer IMA Thalassery





Dear Dr,  
IMA Thalassery in association with IMA CGP Thalassery cordially invite you to a scheduled Zoom Meeting (CME) on 19.01.2022,Wednesday at 9.00 pm.

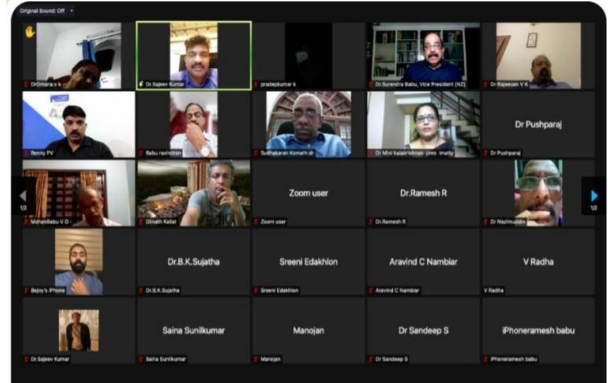
TOIPC  
"How to interpret Routine Urine Analysis report ?"  
by  
Dr.Sandeep Sreedharan,  
Consultant Nephrologist

Meeting ID 89789658697 Passcode 790450

President IMA Dr. Mini Balakrishnan	Secretary IMA Dr.Aravind C Nambiar	Treasurer IMA Dr.Devaraj T V
Dr.Nadeem Abootty Chairman CGP Thalassery	Dr.Bejoy C P Secretary CGP Thalassery	

### e) SUB FACULTY OF CGP


19.01.2022: IMA Thalassery in association with IMA CGP Thalassery conducted a CME on 19.01.2022 at Zoom Platform. This was inaugurated by Dr.Benny PV, State CGP Chairman . CME on *"How to interpret Routine Urine Analysis Report?"* by Dr.Sandeep Sreedharan,Consultant Nephrologist .The CME was followed by a lively interaction. Dr. Mini Balakrishnan presided over the meeting. 50 members attended the meeting.Dr.Nadeem Abootty and Dr.Bejoy were selected as the CGP representatives of the branch.




### f) SUB FACULTY OF AMS

26.01.2022: IMA Thalassery in association with IMA AMS Thalassery conducted a CME on 26.01.2022 at Zoom Platform.Dr.Lalith Sundram(Secretary AMS IMA KSB) Chief guest of the function. CME on *"Leprosy An Over view"* by Dr.Susna,Dermatologist,Tellicherry Co-operative Hospital and *"Leprosy like lesion"* by Dr.Deepa Manojan,Tellicherry Co-operative Hospital. The CME was followed by a lively interaction. Dr. Mini Balakrishnan presided over the meeting. 40 members attended the meeting.

**Speakers**




Dr. Suresh, Dermatologist  
Tellicherry Co-operative  
Hospital




Dr. Deepa Manojan,  
Dermatologist  
Tellicherry Co-operative  
Hospital

**Moderator**




Dr. Sandhya B Ravindran


**Invited Guests**




Dr. A V Babu  
Chairman, Pension Scheme



Dr. Roy R Chandran,  
Secretary, IMA-KSD



Dr. Santhoshan K,  
Chairman, IMA-KSD



Dr. Lathin Sanderson  
Secretary, IMA-KSD

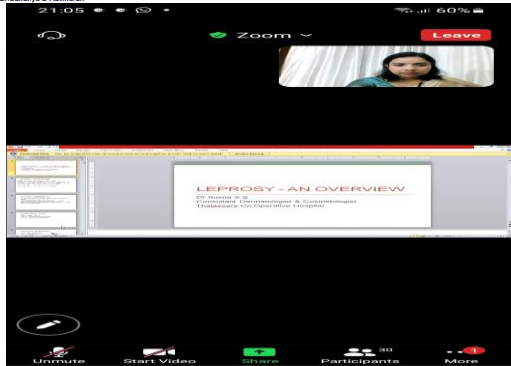
**INDIAN MEDICAL ASSOCIATION - THALASSERY  
&  
IMA AMS CHAPTER THALASSERY**

Cordially invites you to CME

Topics  
IMA Pension Scheme Presentation  
IMA Kerala Health Scheme Presentation  
Leprosy An Over view  
& Leprosy like lesion"

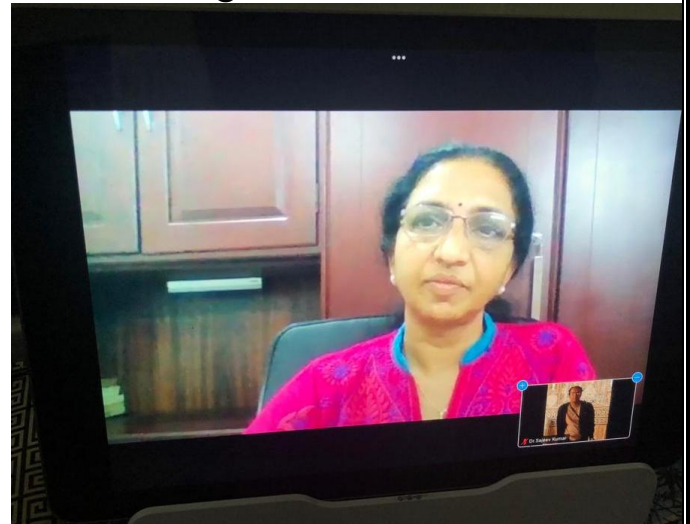
Meeting ID 844 26623524 Passcode 089414

Date: 26.01.2022 at 8.00pm



Monthly CME: CME on **“Leprosy like lesion”** by **Dr. Deepa Manojan, Tellicherry Co-operative Hospital**. The CME was followed by a lively interaction. **Dr. Mini Balakrishnan (President IMA**

**Thalassery)** presided over the meeting. 40 members attended the meeting.



## g) SPECIAL TRAINING PROGRAMME

**09.01.2022: Pain and Palliative Volunteers Training**

Pain and Palliative volunteers training programme was conducted on **09.01.2022** at **Thalassery Rural Bank Auditorium Ground Floor**. **Adv. A N Shamseer, MLA Thalassery** inaugurated the function.

Classes taken

1. **“What is Palliative Care”** by **Dr. Abdul Rahman Kolathayi (IMA Pain and Palliative Care Volunteer)**
2. **“Palliative Care practical aspects”** by **Mrs. Sheeja Nellikka, Palliative Care Dept, MCC.**



**22.01.22: Training for Health Workers**

Training for Health Workers on TB at District Chest Centre, Kannur by Dr.Rejna Dilnath.



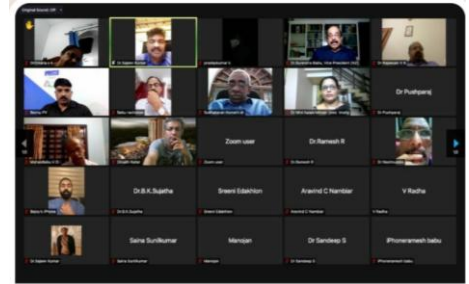
**4.ORGANIZATIONAL ACTIVITIES**

**1.GENERAL BODY**

**19.01.2022: General Body Meeting**

General Body Meeting was held at Zoom Platform on 19.01.22. Dr.Mini Balakrishnan (President IMA Thalassery) welcomed the gathering. 50 members attended the meeting. Vote of thanks proposed by

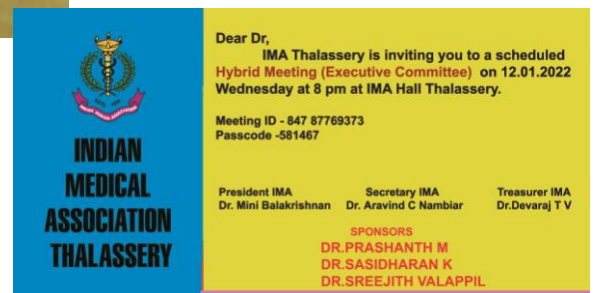
Dr.Aravind C Nambiar (Secretary IMA Thalassery).



**2.EXECUTIVE**

**12.01.2022: Executive Committee (Hybrid Meeting)**

Hybrid Meeting on 12.01.2022. Dr.Mini Balakrishnan(President IMA Thalassery)welcomed the gathering. 34 members attended the Hybrid Meeting meeting. Vote of thanks was proposed by Dr.Aravind C Nambiar(Secretary IMA Thalassery).



**3. BRANCH NEWS LETTER & PUBLICATION**

All the important matters were send by mail to the IMA News letter Editor. All are activities are reported in IMA Newsletter of Thalassery which is

published in our website.(Web site ID:  
[www.imatellcherry.com](http://www.imatellcherry.com))

## 4.ATTENDANCE IN STATE MEETINGS

02.01.2022: Meeting of the membership promotion committee was held at IMA Periyar House. The efforts made by the Chairman, Dr. Gopeenathan ensuring the participation of all the districts is appreciated.



02.01.2022: Meeting of the Emergency Life Support Meeting was held at Periyar House Aluva. Dr. Pushparaj, Dr. Sasidharan, attended the Meeting.



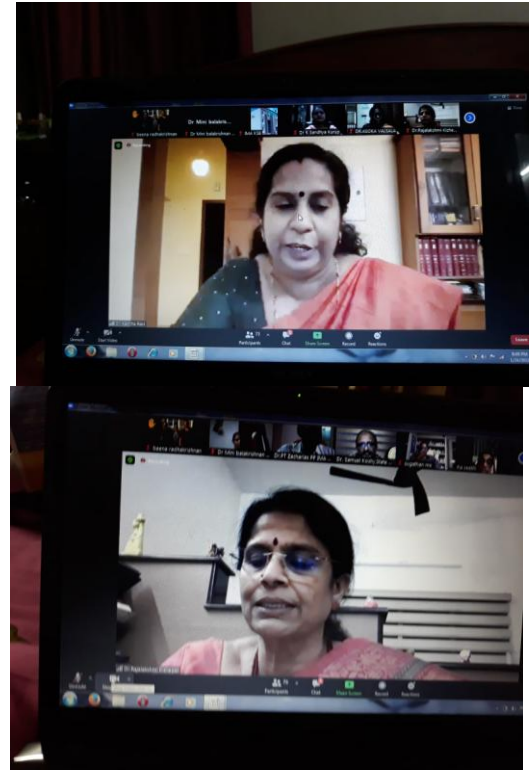
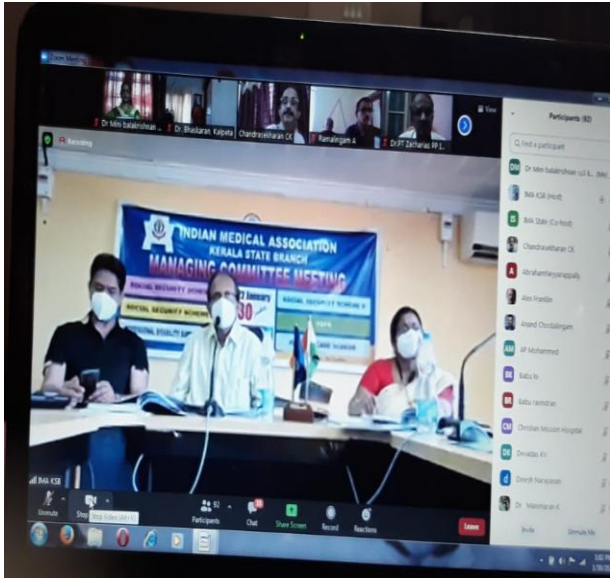
### 28.01.2022: Action Committee Meeting

Dr. Dilnath Kallat and Dr. Sajeev Kumar P B attended the action committee meeting for North Zone IMA KSB.

### 28.01.2022: Managing Committee Meeting

Dr. Mini Balakrishnan (District Co-ordinator SSS III) submitted the District Report in the meeting.





## 6. WOMEN DOCTORS WING ACTIVITIES

### National MPH Meeting

Dr. Mini Balakrishnan (President IMA Thalassery) attended the National MPH Meeting.



### 12.01.2021: General Body Meeting

General Body Meeting was held at Zoom Platform on 12.01.2022. Dr. Suchitra Sudhir (Chairperson WDW) welcomed the gathering. 20 members attended the meeting. Vote of thanks proposed by Dr. Geetha Mekkoth (Secretary WDW Thalassery).

### WDW Installation Ceremony.

Dr. Mini Balakrishnan (President IMA Thalassery) attended the WDW Installation Ceremony.



National WDW conducted a Poster Competition on Save the Girl Child. Thalassery IMA participated in the National Competition by sending posters.



17.01.2022: IMA&WDW conducted an Health awareness class for Women at Sreenarayanan Vaayanashaala Pinarayi by Dr.Geetha Mekkoth(Secretary WDW) gave an awareness class.

IMA took part in the WDW Save a Girl Child Poster Competition by sending posters created by members of IMA and WIMA



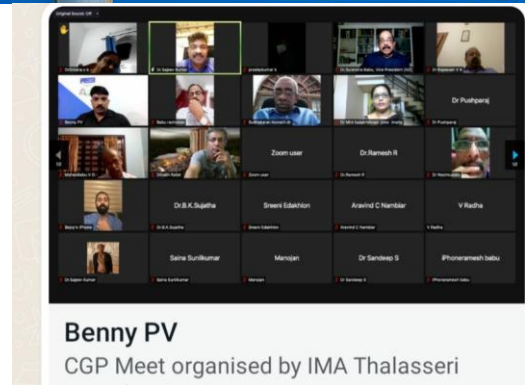


## 7. MEETING ON CURRENT ISSUES

### Formation of Junior Doctors Network

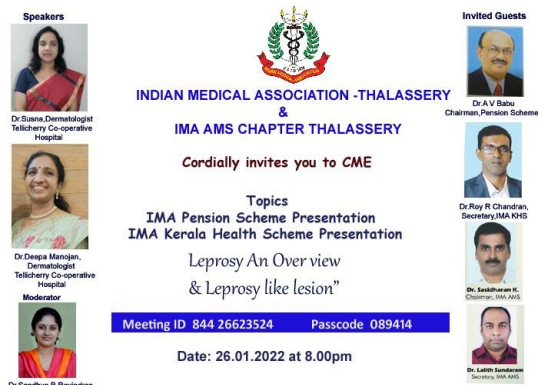
Thalassery IMA formed a Junior Doctors Network which was inaugurated by Junior Doctors Network State Chairman Dr. Sajeew Kumar P and he explained in details

all the activities of Junior Doctors Network and the scope.

### Schemes Presentation

Thalassery IMA conducted various scheme presentations like Pension Scheme Presentation and Health Scheme Presentation for the members.



## Vaccination Camp

### 17.01.2022: Booster Vaccination Camp

IMA Thalassery conducted a Vaccination Camp for Doctors, Family Members and Front Line Workers on 17.01.2022 at IMA Hall Thalassery. Around 190 members attended the camp.



## Membership Promotion

Thalassery IMA said a target for membership promotion as well as the members to be enrolled for the various schemes as below.

SCHEME	SCHMES JOINED LAST 4 MONTHS	TARGET 40% increase	TOTAL MEMBERS JOINED	NOT JOINED (ELIGIBLE TO JOINED)
NEW MEMBERS	41	170	488	
JDN(Less than 40)	39	52	128	
Post Graduates(Less than 3 years of Registration)	.....			
SSS I	4	122	305	157
SSS II	5	105	264	179
SSS III	12	91	228	227
PPS	4	122	303	185
CGP	.....	15	36	452
AMS	.....	50	123	365
PEPS		4	10	
KHS	5	128	319	244
MBS		12	28	
PENSION SCHEME		50	27	461
PDSS	13	50	13	475
NAMMUDE AROGYAM COPIES		400	600	1000

## Covid in Pregnancy

Dr. Mini Balakrishnan gave Channel Awareness Class had a talk in Kairali TV about Covid in Pregnancy and the precautions to be taken.

**കൊവിഡ് കാലത്ത് ഗർഭിണികൾ ശ്രദ്ധിക്കേണ്ടത്**

സംശയങ്ങൾക്ക് മറുപടിയുമായി  
**ഡോ. മിനി ബാലകൃഷ്ണൻ**  
 Senior Consultant Gynecology,  
 Thalassery Mission Hospital

ഇന്ന് ഉച്ചയ്ക്ക് 2.30 ന്  
**തത്സമയം**

**KAIRALI NEWS**  
 30. 1. 22

വിളിക്കേണ്ട നമ്പർ  
**0471- 48 59 918**

## 5.SOCIAL ACTIVITIES

### 1.FIRST AID CLASSES AND ELS TRAINING

29.01.2022:ELS & First AID Class

IMA Thalassery conducted an ELS & First AID Class for Nursing Staff of Thalassery Mission Hospital. Class was taken by Dr.Devaraj T V(Treasurer IMA Thalassery)



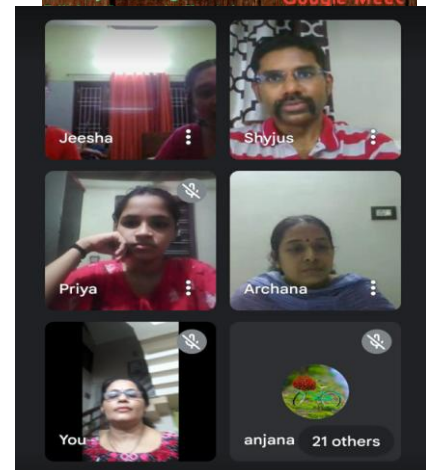
### 2.MEDICAL CAMPS

08.01.2022: SHE CAMP

Dr.Mini Balakrishnan(President IMA Thalassery)& Dr.Shyjus P gave a Gynaec Awareness Class for the SHE CAMP held at GVHSS

Koduvally.

It was an interactive session.



08.01.2022: Medical camp

IMA Thalassery in association with Malabar Cancer Care Society was conducted a Medical Camp was held at Sreenarayanan Vaayanashaala Kuttimakool, Thalassery. Sub collector Mrs.Anukumari, IAS inaugurated the Function. 110 people women undergone pampsmear test and Breast examination .Dr.Mini

Balakrishnan, President IMA gave an awareness class.

**MALABAR CANCER CARE SOCIETY**  
**Cervical Cancer Awareness Month**  
**Intensive Drive by KANNUR MALABAR CANCER CARE SOCIETY, KANNUR**  
**Jan. 7th to Feb. 4th 2022**  
**Inauguration on 7th Jan 2022 at 10.a.m at Kuttimakkool, Thalassery**  
by  
**Ms. Anukumari IAS, Sub Collector, Thalassery**  
*Followed by awareness class and detection camp*  
\* Cervical cancer awareness classes  
\* Village level detection camps with on-site treatment of cervical pre-cancer detected in camps  
\* Campaign for HPV vaccination  
\* Early detection activities in 25 different locations in Kannur, Kasargod, Wayanad and Kozhikode Districts.  
**'Elimination of Cervical Cancer 2030' - WHO**  
\* Vaccinate girl children  
\* Do cervical cancer test at the age of 30  
\* Treat those detect with Cervical Cancer  
Intensive drive with the support of Panchayats, Primary Health Centres, Clubs, Associations and awareness classes for students  
**"Involve and help to Eliminate Cervical Cancer"**  
D.Krishnanadha Pai      Dr B.V. Bhat      Dr.V.C.Ravindran



**17.01.2022: Booster Vaccination Camp**

IMA Thalassery conducted a Vaccination Camp for Doctors, Family Members and Front Line Workers on 17.01.2022 at IMA Hall Thalassery. Around 190 members attended the camp.



28.01.2022:Fibroscan Test Camp

Dr.Sandeep Narayanan

conducted a Free Fibroscan Test Camp at Tellicherry Co-operative Hospital.

തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റൽ

**സൗജന്യ കരൾരോഗ നിർണ്ണയ ക്യാമ്പ്**

**ഫൈബ്രോസ്കാൻ ടെസ്റ്റ്**  
(FIBROSCAN TEST CAMP)

തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിലെ പ്രശസ്ത ശ്യാമ്പട്ടം ഏറ്റെടുത്തിട്ട് ഡോ. സന്ദീപ് നാരായണന്റെ നേതൃത്വത്തിൽ നടത്തപ്പെടുന്നു. ഈ സ്കാനിംഗ് തികച്ചും വേദനാരഹിതവും നേൺ ഇൻവേസീവുമാണ്.

**തീയതി: 28.01.2022 രാവിലെ 9:30**

സമയം: രാവിലെ 9:00 മുതൽ ഉച്ചയ്ക്ക് 1:00 കണി വരെ  
ഓണിന്റേ-ഷൻ ആശുപത്രി റിസപ്ഷനുമുമ്പെ ബന്ധപ്പെടുക.

ബുക്കിംഗ് നമ്പർ: 0490 2340000

### 3.HEALTH EDUCATION CLASSES

01.01.2022:Dr.Mini Balakrishnan(President IMA Thalassery) gave an Adolescents Health Awareness Class for Students of Sacret Heart High School AS PART OF NSS Camp.



## 5.COMMUNITY DEVELOPMENT PROGRAMMES

16.01.2022: The camp was conducted in Thalassery Mission Hospital for the Post Covid victims which was done by Dr.Sanjeev kumar M(Chest Specialist) and Dr.Rafanas.

16.01.2022:Dr.Sanjeev Kumar M(Chest Specialist) gave an awareness class on Covid and post covid issues at Thalassery Mission Hospital.



## 4.INVOLVEMENT IN NATIONAL HEALTH PROGRAMMES

All National Health days were observed .

National Youth Day, National Girl Child day

## 6.NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1000 copies being ordered this month(100 copies extra were added for Nammude Arogyam). These copies are being distributed through various private hospitals in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during

functions conducted by IMA Thalassery. An increasing hundred copies this month.

## 6.OBSERVATION OF IMPORTANT DAYS

### 08.01.2022:Cervical Health Awareness Month

IMA Thalassery in association with Malabar Cancer Care Society was conducted a Medical Camp was held at Sreenarayanan Vaayanashaala Kuttimakool,Thalassery. Sub collector Mrs.Anukumari,IAS inaugurated the Function. 110 people wmen undergone pampsmear test and Breast examination .Dr.Mini Balakrishnan,President IMA gave an awareness class.

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**'Elimination of Cervical Cancer 2030' - W H O**

- \* Vaccinate girl children
- \* Do cervical cancer test at the age of 30
- \* Treat those detect with Cervical Cancer

Intensive drive with the support of Panchayats, Primary Health Centres, Clubs, Associations and awareness classes for students  
**" Involve and help to Eliminate Cervical Cancer "**

D.Krishnaadha Pai Dr.B.V. Bhat Dr.V.C.Ravindran







### ഗർഭാശയ-ഗള കാൻസർ ബോധവൽകരണം: പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി

മലബാർ കാൻസർ കെയർ സൊസൈറ്റി നടത്തുന്ന ബോധവൽകരണ ക്യാമ്പുകൾ ഗൾബർഗ്ഗ് കാൻസർ ബോധവൽകരണ മാസപാഠ്യത്തിൽ നടക്കും.



ഇതിന്റെ ഭാഗമായി തലശ്ശേരി ക്ലിനിക്കിന് പ്രിനാദമ്മയമ്മ ഫസ്റ്റ് മേഡിസിൻ വായനശാലയിൽ സൗജന്യ ഗർഭാശയ-ഗള കാൻസർ പരിശോധനാക്യാമ്പും, ന്യൂനാർബ്ബു പരിശോധനയും ബോധവൽകരണ ക്യാമ്പും നടന്നു.

മലബാർ കാൻസർ കെയർ സൊസൈറ്റി ട്രാഷിൻ സഹകരണത്തോടെ ഗർഭാശയ-ഗള കാൻസർ ചികിത്സയ്ക്കായി സൗജന്യ പരിശോധനകൾ നൽകുന്ന പ്രൊഫ. ഡി.കൃഷ്ണമൂർത്തിയുടെ നേതൃത്വത്തിൽ തലശ്ശേരിയിൽ ഡി.കൃഷ്ണമൂർത്തിയുടെ നേതൃത്വത്തിൽ തലശ്ശേരിയിൽ നടന്നു.

സൊസൈറ്റിയുടെ സമ്മേളനം ആവൃത്തിയായ സെമിനാർ മോഡലിൽ ടെലി-കൺഫറൻസ് രൂപത്തിൽ ആധുനിക ഡിജിറ്റൽ മാതൃകയിൽ സൊസൈറ്റിയിലെ പ്രവർത്തനങ്ങളെക്കുറിച്ചും പരിശോധന.

മലബാർ കാൻസർ കെയർ സൊസൈറ്റി ഫുൾ ഓപ്പൻ ടി കമ്പനിയിലൂടെ സഹായത്തോടെ നടത്തുന്ന പരിശോധനകളെക്കുറിച്ചും കോളിക്ടർ ഫണ്ട് ഫിനാൻസിംഗിൽ തലശ്ശേരിയിലും സഹകരണമുദ്രകളിൽ ഫുട്ടിംഗ് മാതൃകയിൽ സഹകരണമുദ്രകളെക്കുറിച്ചും പ്രവർത്തിക്കുന്ന കൺസൗകര്യ കേന്ദ്രത്തിൽ സൗജന്യ ഗർഭാശയ-ഗള കാൻസർ പരിശോധനാക്യാമ്പും ന്യൂനാർബ്ബു പരിശോധനയും ബോധവൽകരണ ക്യാമ്പും നടന്നു.

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### 12.01.2022:National Youth Day

As a part of National Youth Day IMA Thalassery conducted an Awareness Class on "Drug Abuse in Youth" conducted at Brennen College Thalassery. Key note address by Dr.Mini Balakrishnan,President IMA Thalassery. Mr.Suresh Kumar,Retd Excise Commissioner inaugurated the Programme. Awareness Class on Drug Abuse in Youth by Dr.Sajeev Kumar P B,Consultant Psychiatrist and President Kannur Psychiatry Association.Dr.Aravind C Nambiar(Secretary IMA Thalassery) and Mr.Shinu Chovva,Mens Physique International Athlete) also attended the function.



### 15.01.2022:IMA Community Service Day

IMA Thalassery conducted a Vaccination Camp for Doctors, Family Members and Front Line Workers on 17.01.2022 at IMA Hall Thalassery.Around 190 members attended the camp.



### 15.01.2022:Palliative Care Day

The Pain & Palliative Day was observed on 15/1/2022 with various programmes

- IMA Pain and Palliative Care Society visited the homes of Cancer Patients in Thalassery. Dr. Pushparaj S R, Palliative Care Nurse Smt. Ajantha, Volunteer Sri. Sajin led the home visit and distributed medicines.



- IMA Pain and Palliative Care Society Thalassery, PHC Malur Grama Panchayath conducted an Palliative Care Awareness Class at PHC Malur. Class was taken by Sri. AbduRahman

## Kolathayi, IMA Pain and Palliative Trainer.



## 24.01.2022:National Girl Child Day

- IMA Pain and Palliative Care Society conducted an One day workshop at Pookoya Thangal Hospital.I R L D Trainer Dr.Zulfiker Ali inaugurated the workshop.Palliative Trainer Sri.Abdurahiman Kolathayi and Sri.Ummer Kootumugham took classes in various sessions.

- National Girl Child Day observation at PR Memorial Higher Secondary School,Panoor.Topic on Empower girls for better tomorrow” by Dr.Radhika Aravind



The webinar talks about the importance of girls education and women empowerment. Though many of the girls are denied of education, they are not coming forward to the society. Girls education is the prime important to empower them.

- The webinar was on the topic "NATIONAL GIRLS CHILD DAY CELEBRATION" held on 23 Jan 2022. The webinar was inaugurated by Dr. Rajalakhmy K ( State WDW Chairperson). The words of wisdom was delivered by Dr. Ranjeswari ( Vice chairperson, South Zone Coordinator). Smt. Nandini Pradeep and Dr. S.S Susna Ranjith had spoke about the topic " Its OK Girls!" and Unmasking skin myths "respectively.



- **Poster competition** was conducted for **Childrens Home inmates of Kannur District**. As a part of save Girl Child .First ,Second and Third prizes as cash awards were given.

Indian Medical Association Thalassery & District Child Protection Unit, Kannur


**24<sup>th</sup> JANUARY NATIONAL GIRL CHILD DAY**

Poster making competition for children in CClS

Topic : "Empowering Girls for a Brighter Tomorrow "




**NATIONAL GIRL CHILD DAY**




ഒരു ചപ്പട് നന്നാക്കാൻ ഒരു കുടുംബം നന്നാക്കാൻ ഒരു കുടുംബം നന്നാക്കാൻ ഒരു സമൂഹം നന്നാക്കാൻ... RANJITHA Govt. Childrens Home girls, Thalassery

No girlchild  
So no mother..  
ultimately no  
Human Life..  
Happy Girl Chubbday



Save girl child and empower them so they live their life happy national and child day



by Anjali Anand in class 7A

National Girl Child Day 2022-23

പെൺകുട്ടികളെ സംരക്ഷിക്കുന്നതിന് സ്വർഗമുണ്ട്. മുഹമ്മദ് നബി (നബി)




AL MAQAR WADI RAHMA GIRLS ORPHANAGE (Nadukari, Taliparamba)

AL MAQAR WADI RAHMA GIRLS ORPHANAGE  
AL MAQAR WADI RAHMA GIRLS ORPHANAGE  
www.almaqarwadi.com

Almaqr 33<sup>rd</sup> Annual Conference and Convocation 2022 February 25, 26, 27

ദേശീയ പെൺകുട്ടി ദിനം



ദേശീയ പെൺകുട്ടി ദിനം  
ദേശീയ പെൺകുട്ടി ദിനം  
ദേശീയ പെൺകുട്ടി ദിനം  
Anjali Jayan  
Sankaral 22

Poster presentation on Save a Girl Child Day was conducted for the Children of IMA Members.



### 26.01.2020: Republic Day

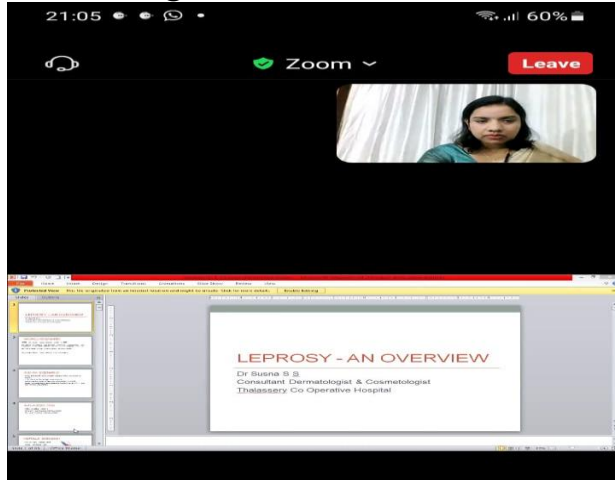
Dr. Mini Balakrishnan, President IMA Thalassery hoisted the National Flag on the occasion of Republic day. 20 members attended the function and saluted the National Flag. Dr. Mini Balakrishnan gave the Republic day message.



### 30.01.2022: Anti Leprosy day

26.01.2022: IMA Thalassery in association with IMA AMS Thalassery conducted a CME on 26.01.2022 at Zoom Platform. CME on *“Leprosy An Over view”* by *Dr. Susna, Dermatologist, Tellicherry Co-operative Hospital* and *“Leprosy like lesion”* by *Dr. Deepa Manojan, Tellicherry Co-operative Hospital*. The CME was followed by

a lively interaction. Dr. Mini Balakrishnan presided over the meeting. 40 members attended the meeting.



## **7.SPECIAL PROJECTS OF THE BRANCH**

### **IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the

terminally ill patients. The funds are raised from monthly contributions from members and the public.

### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

### **TIDA PROJECT**

Tellicherry IMA Doctors Alliance LLP (TIDA) a Project of Tellicherry IMA is planning a Residential Project with Club House and Conference Hall,(Healers Heaven) at Edakkad for which land has been purchased and construction is planned to be started by January 2022.

TIDS's Healers Haven Super Luxurious Sky Villa Update.

We got following mandatory clearance from government agencies.

- 1.Environmental Clearance.
- 2.Fire and Safety NOC
- 3.District Town Planner
- 4.Pollution Control Board NOC

We can start building after final clearance from Kannur

Corporation, which we are expecting in few days. TIDA appointed two full time staffs.

1. Mr. Kiran (Co-ordinator)
2. Mr. Shibu (Accounting Officer)

### **ADOPTION OF THE VILLAGE**

IMA has identified village with lower socioeconomic status and has adopted that village for further medical camps treatment and improving their health conditions near Pettipaalam.

### **MISSION PINK HEALTH**

All the Mission Pink Health activities are going on and has been reported to the Mission Pink Health Chairperson.

### **State Level Inauguration of Mission Pink Health**

31.01.2022: IMA Thalassery hosted the State Level Inauguration of Mission Pink Health Kerala. Flag Salutation done by Dr. Rejna Dilnath (Vice President IMA Thalassery). Welcome address given by Dr. Mini Balakrishnan (President IMA Thalassery & Convener MPH). Dr. Samuel Koshy (State

President IMA) presided the function. MPH Chairperson message by Dr. Ajitha P N. Smt. Veena George (Hon'ble Health Minister) inaugurated the function. Key note address was given by Dr. Divya Saxena (National MPH chairperson) followed by address by special guest Adv. Manoj kumar (Chairman Kerala State Commission for Protection of Child Rights). Dr. PT Zachariah (IPP), Dr. Joseph Mani (National VP), Dr. T.N. Babu Raveendran (Past national VP), Dr. Surendra Babu (NZ VP), Dr. Joseph Benaven (State Secretary), Dr. Rajalekshmi (State WDW chairperson) and Dr. Rajeswari Amma (Past state MPH Secretary) spoke at the event. Vote of thanks was proposed by Dr. Aravind C Nambiar (Secretary IMA Thalassery).

It was followed by a Webinar on

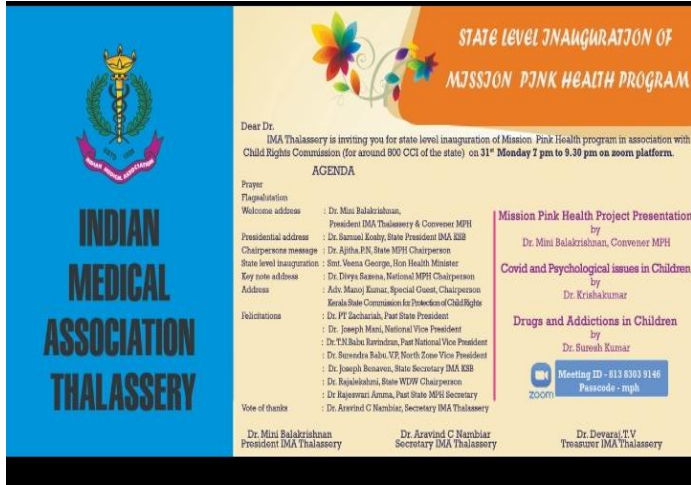
**“Mission Pink Health Project Presentation”** by Dr. Mini Balakrishnan (President IMA Thalassery & Convener MPH)

**“Covid and Psychological issues in Children”** by Dr. Krishna Kumar

**“Drugs and Addictions in Children”** by Dr. Suresh Kumar



Around 300 Child Care Homes with around 50 to 80 students each attended the meeting. It was an interactive session.



**STATE LEVEL INAUGURATION OF MISSION PINK HEALTH PROGRAM**

Dear Dr. IMA Thalassery is inviting you for state level inauguration of Mission Pink Health program in association with Child Rights Commission (for around 800 CCI of the state) on 31<sup>st</sup> Monday 7 pm to 9.30 pm on zoom platform.

**AGENDA**

Prayer  
Flaghoisting  
Welcome address : Dr. Mini Balakrishnan, President IMA Thalassery & Convener MPH  
Presidential address : Dr. Suresh K. State President IMA KSB  
Chairpersons message : Dr. Ajitha P.M. State MPH Chairperson  
State level inauguration : Smt. Veena George, Hon Health Minister  
Key note address : Dr. Divya Sankar, National MPH Chairperson  
Address : Adv. Manoj Kumar, Special Guest, Chairperson Kerala State Commission for Protection of Child Rights  
Inauguration : Dr. P. Zachariah, Past State President  
: Dr. Joseph Mast, National Vice President  
: Dr. TN Babu Karim, Past National Vice President  
: Dr. Suresh Babu, VP, North Zone Vice President  
: Dr. Joseph Ramesh, State Secretary IMA KSB  
: Dr. Rajalekshmi, State WTD Chairperson  
: Dr. Rajeswar Amma, Past State MPH Secretary  
Vote of thanks : Dr. Aravind C Nambiar, Secretary IMA Thalassery

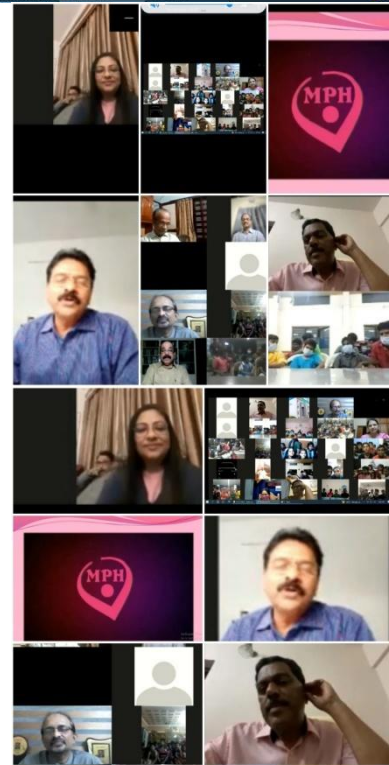
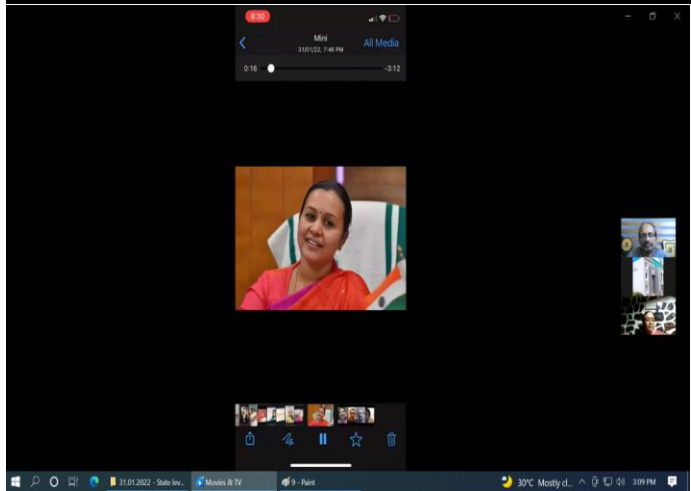
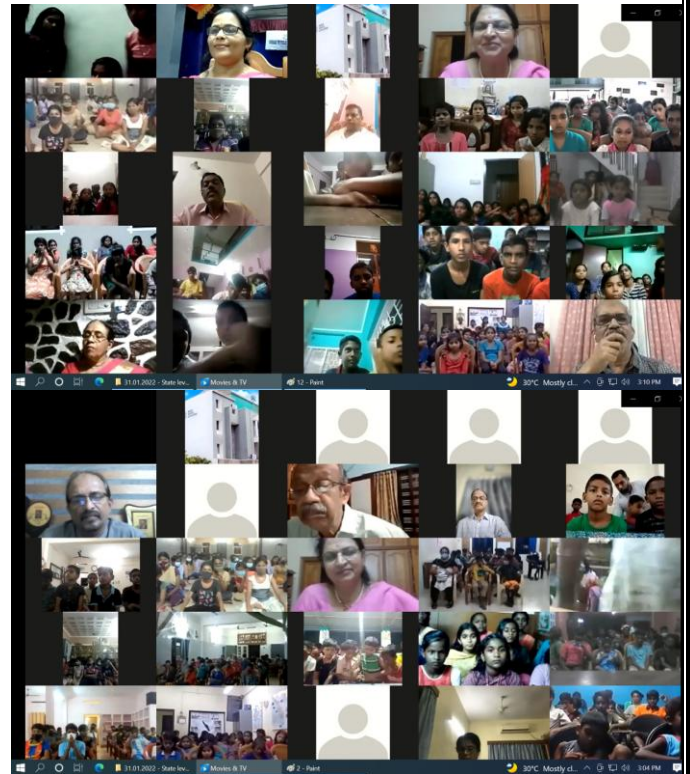
**Mission Pink Health Project Presentation**  
by  
Dr. Mini Balakrishnan, Convener MPH

**Covid and Psychological issues in Children**  
by  
Dr. Krishakumar

**Drugs and Addictions in Children**  
by  
Dr. Suresh Kumar

Meeting ID - 813 8303 9166  
Passcode - mph

Dr. Mini Balakrishnan, President IMA Thalassery  
Dr. Aravind C Nambiar, Secretary IMA Thalassery  
Dr. Devaraj T V, Treasurer IMA Thalassery





a **Gynaec Awareness Class** for the **SHE CAMP** held at **GVHSS Koduvally**. It was an interactive session.



01.01.2022: **Dr. Mini Balakrishnan** (President IMA Thalassery) gave an **Adolescents Health Awareness Class** for Students of **Sacret Heart High School AS PART OF NSS Camp**.



24.01.2022: **National Girl Child Day**

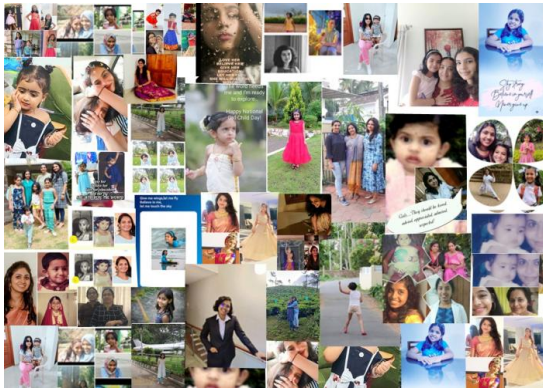
- **National Girl Child Day** observation at **PR Memorial Higher Secondary School, Panoor**. **Topic on "Empower girls for better tomorrow"** by **Dr. Radhika Aravind**



08.01.2022: **SHE CAMP**  
**Dr. Mini Balakrishnan** (President IMA Thalassery) & **Dr. Shyjus P** gave



Poster presentation on Save a Girl Child Day was conducted for the Children of IMA Members.



24.01.2022: Dr. Mini Balakrishnan (President IMA Thalassery) attended the National MPH Meeting.



### Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

### 8. MISCELLANEOUS Celebration

05.01.2022: New year celebration

New Year celebration was held at IMA Hall, Thalassery. It was a grand cultural extravaganza. Cultural programme were presented by doctors and their families. The programme was co-ordinated by WDW Thalassery. Cake cutting was done by Dr. Mini Balakrishnan (President IMA Thalassery) and Dr. Aravind C Nambiar (Secretary IMA Thalassery).



16.01.2022: **Dr.Anju Devaraj** gave an awareness class on **Mathrubhumi News** regarding **Remedy for Psoriasis**.



സോറിയാസിസിന് പരിഹാരമെന്ത്? - ഡോക്ടറോട് ചോദിക്കാം | **Mathrubhumi** ...  
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**Mathrubhumi News**  
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**IMA & Media**

16.01.2022: **Dr.Abdul Salam** gave an awareness class on Kairali TV regarding **Vaccination in Children**.

26.01.2022: Article written by Dr.Sini P(Manorama Arogya Maasika)



കൊവിഡ് കാലത്ത് ഗർഭിണികൾ ശ്രദ്ധിക്കേണ്ടത് | ഡോ. മിനി ബാലകൃഷ്ണൻ...  
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30.01.2022: Dr.Mini Balakrishnan gave an awareness class on Kairali TV regarding Covid Precuations of Pregnant Ladies

**Association with other Organisations**

19.01.2022: IMA Thalassery in association with IMA CGP Thalassery conducted a CME on 19.01.2022 at Zoom Platform.

26.01.2022: IMA Thalassery in association with IMA AMS Thalassery conducted a CME on 26.01.2022 at Zoom Platform.

**PUBLIC RELATIONS & SOCIAL INVOLVMENT**

02.01.2022: Heritage run

Thalassery IMA took part in Heritage Run promoted by District Tourism Promotion Council it was inaugurated by District Collector Sri.Chandrasekharan. Kannur Range IG of Police Sri.Illango ,

Thalassery Sub Collector Mrs.Anukumari, IAS and District Panchayath President Mrs.P P Divya took part in the inauguration ceremony. Dr.Mini Balakrishnan(IMA President) and Past President Dr.Rajeev Nambiar were honoured in the ceremony by giving medallions .Around 25 doctors and family participated the Heritage Run.

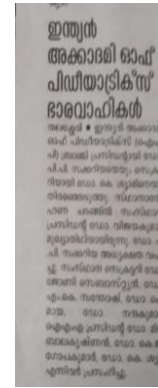




11.01.2022: **Dr. Mini Balakrishnan(President IMA Thalassery)** was the Chief Guest of IAP Installation Ceremony



**PAPER CUTTINGS**



M Mathrubhumi മാതൃഭൂമി

**ഗർഭാശയ-ഗള കാൻസർ ബോധവൽകരണം: പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി**

**തൃശ്ശൂർ** - മലബാർ കാൻസർ കേന്ദ്രം പോലീസറിയം നടത്തുന്ന ആശയവിജ്ഞാണിനോടുകൂടി ഗർഭാശയ-ഗള കാൻസർ ബോധവൽകരണ പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി. ഇതിന്റേതായോടുകൂടി പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി. ഇതിന്റേതായോടുകൂടി പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി. ഇതിന്റേതായോടുകൂടി പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി.



**മലബാർ കാൻസർ കേന്ദ്രം പോലീസറിയം നടത്തുന്ന ആശയവിജ്ഞാണിനോടുകൂടി ഗർഭാശയ-ഗള കാൻസർ ബോധവൽകരണ പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി.**

പോലീസറിയം നടത്തുന്ന ആശയവിജ്ഞാണിനോടുകൂടി ഗർഭാശയ-ഗള കാൻസർ ബോധവൽകരണ പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി. ഇതിന്റേതായോടുകൂടി പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി. ഇതിന്റേതായോടുകൂടി പരിശോധനാക്യാമ്പുകൾ തുടങ്ങി.

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